

HANG CLEAN	1	<b>Meghan Gill '15 - 135 lbs.</b> <b>Great Bridge HS, VA</b>
	2	Alexandria D'Angelo '18 - 130 lbs. Gettysburg HS, PA
	3	Anna Kennedy '18 - 115 lbs. Emmaus HS, PA
BACK SQUATS	1	<b>Alexandria D'Angelo '18 - 215 lbs.</b> <b>Gettysburg HS, PA</b>
	2	Meghan Gill '15 - 200 lbs. Great Bridge HS, VA
	3	Gabrielle Smith '16 - 185 lbs. Northampton HS, PA
BENCH PRESS	1	<b>Meghan Gill '15 - 135 lbs.</b> <b>Great Bridge HS, VA</b>
	2	Claudia Theriault '17 - 120 lbs. West Deptford HS, NJ
	2	Alexandria D'Angelo '18 - 120 lbs. Gettysburg HS, PA
VERTICAL JUMP	1	<b>Emma Rosenthal '18 - 23 in.</b> <b>Central Bucks East HS, PA</b>
	2	Ray Gallagher '15 - 22.5 in. Communications HS, NJ
	3	Meghan Gill '15 - 21 in. Great Bridge HS, VA
MILE	1	<b>Dayna Hovern '14 - 5:55</b> <b>Haddon Heights HS, NJ</b>
	2	Kayleigh Thies '15 - 6:11 West Essex HS, NJ
	3	Ray Gallagher '15 - 6:21 Communications HS, NJ
SIT-UPS	1	<b>Emma Rosenthal '18 - 68</b> <b>Central Bucks East HS, PA</b>
	2	Alexandria D'Angelo '18 - 67 Gettysburg HS, PA
	3	Alyssa Scott '18 - 62 Schroder HS, NY